

We'd love you to experience our NEW Entrance, NEW Juice Bar, NEW Member Functional Training area/Cardio Zone with all NEW Expresso Bikes and several NEW pieces of equipment as well as TRX. See our NEW Works Training Academy with ALL NEW goal-based Small Group Training AND Raising The BARRE classes! Works Cycle Zone equipped with large screens, Live and Virtual rides! NEW MyZone® integrations! See our MindBody Studio and so much more! NOW with Wentworth-Douglass Hospital Physical Therapy on-site! As always, over 100 Group Fitness Classes included in your membership. Playhut nursery for our youngest members and Supervised Programs!

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