

Zoom classes are intended for members who chose to not enter the facility for a class or prefer a virtual experience. An active membership is required.

1. **Find a class that I'm interested in!**

- Schedule online [here](#)
- Search Zoom Classes in the Member Portal OR the Member Portal App (Zoom classes are labeled "zoom")

2. **SIGN UP** for the class up to 24 hours prior to class (same process as a live class!)

3. **SET UP** your technology and space needs!

- Set up your Zoom software or app on your device of choice. (We recommend a larger screen such as a laptop, stream through your TV or ipad)
  - Go to Zoom's download center and select the download needed for your device. <https://zoom.us/download>
- Select a room in your home with secure footing, get you mat, small weights and water ready to go! (Your instructor will let you know if you need any specific items)

4. **IT'S CLASS TIME-** "arrive" a few minutes early! ***You can find the Meeting ID for your class on the member portal- where you registered!***

- Go to Zoom platform that you downloaded and click "**Join a Meeting**"
- **Enter Meeting ID** and your display name
- Select if you want to connect your audio and video
- Please note- after introductions you can mute your microphone. You can also view the entire class by selecting the screen icon. Your instructor can guide you.

**Software Summary:**

Class Schedule [HERE](#)



Download your Member Portal App (iphone) [HERE](#)



Download your Member Portal App (Android) [HERE](#)



Zoom Software Download [HERE](#)

