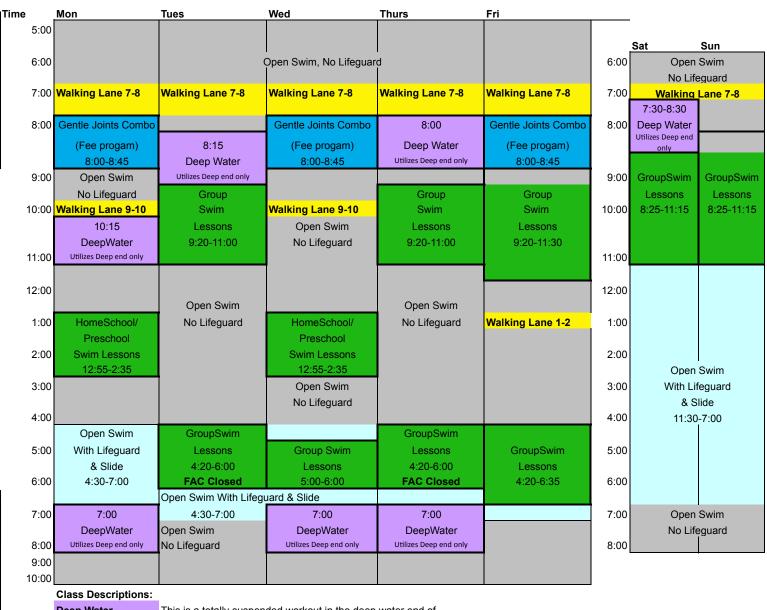
## Indoor Family Aquatic Center, Fall 2015 (Effective Sept 8, 2015)



Deep Water This is a totally suspended workout in the deep water end of

the Indoor FAC. Classes use a variety of equipment including Cuffs, Belts

**Buoys and Noodles** 

Open Swim, No Lifeguard All children under 14 must be under direct

adult supervision.

Open Swim With Lifeguard and Slide Must be 50" high or pass the

swim test to use the Slide. All Children under 14 must be under direct adult supervision.

Group Swim Lessons Private and Group Swim Lessons, parts or

all of the pool may be closed.

Gentle Joints Combo (Fee Program) Great Workout!! Easy on the joints.

Utilizes both shallow and deep water.

Walking Lane We make every effort to provide a safe area for our Aquatic Walkers!

Zero entry access to the FAC Walking Lane will be available and a lane line in place close to the wall during the times indicated. Ocasionally the lane will be open longer.