

OUR SAFE CARE COMMITMENT

*The Works is Committed to Keeping You Safe While You Pursue Your Health & Wellness Goals!
Here are some of the steps we are taking to prevent the spread of COVID-19.*

WE SCREEN to protect you, your families and our staff:

- Anyone who enters The Works – including members, patients, and staff – will be asked some simple symptom screening questions upon entry and have their temperature taken.
- Anyone with symptoms of a possible respiratory illness or a recent travel history will not be allowed entry.

WE CLEAN our hands and spaces, and make it easy for you to do the same:

- Anyone entering The Works will be asked to sanitize their hands. Hand sanitizer stations are also readily available throughout the facility.
- The team is continuing its aggressive cleaning and disinfecting protocols and adding safeguards to prevent the spread of infection, including:
 - Designated staff to disinfect high-touch areas throughout the day.
 - FDA-approved disinfectants for coronavirus are used to properly disinfect.
 - Open locker rooms cleaned and maintained hourly.
 - Shower signs to alert customers which showers are clean.
 - Infrared light technology to confirm the effectiveness of our cleaning.
 - Double the number of machine wipe stations through the facility.

WE PROTECT everyone in our environment:

- Everyone in our facilities, both staff and patients, will be wearing hospital-issued surgical masks provided by The Works. Please wear the mask as often as possible.
 - If you must remove the mask during active exercise, please maintain a minimum 10-foot distance between yourself and others.
- Everyone should practice good physical distancing – keeping at least 6 feet apart from others. We have rearranged spaces and equipment, and reduced class sizes and room capacities to accommodate this physical distancing.
- We are following Wentworth-Douglass Hospital's Visitor Policy when appropriate to limit the number of people in the facility.

Additional safety measures that we have implemented include:

- Water fountains have been disabled, but bottle refill stations are available. Individual water bottles will be available for purchase.
- Hair dryers have been removed from locker rooms.
- No cash will be accepted, credit card only.
- Shared mats have been removed and we ask members to bring their own for use
- Staff are required to maintain social distancing. Communal telephones and computers are disinfected regularly, and staff will be encouraged to maintain workstation cleanliness and hand hygiene.

*Thank you for trusting us with your health and wellness.
Please let us know if you have any questions about your safety at The Works.*



**WENTWORTH-DOUGLASS
HOSPITAL**
A Mass General Community Hospital

the works
A Wentworth-Douglass Hospital
FAMILY HEALTH & FITNESS CENTER