

GYMNASIUM CALENDAR

SUBJECT TO CHANGE/EFFECTIVE MARCH 1, 2024

"Open Rec" can be used for shooting basketball, 3V3, 5V5, other appropriate gym games/sports, workout, etc. Please be considerate with how long you use the gym and allow other members to use the space. Programs take precedence and may not be reflected here. See Member Portal if reservations are needed for pickleball as some court time is reservation only.

SCHEDULE SUBJECT TO CHANGE. SPECIAL EVENTS WILL BE ANNOUNCED 72 HOURS IN ADVANCE.

GYM A: FAR SIDE OF THE GYM

Rules posted in the gym and on our website. www.theworkshealthclub.com

SUN	MON	TUES	WED	THURS	FRI	SAT
6am-5pm OPEN RECREATION	6am-11am PICKLEBALL	6am-11am PICKLEBALL	6am-11am PICKLEBALL	6am-11am PICKLEBALL	6am-9am PICKLEBALL	6am-8:00pm OPEN RECREATION
	11am-7pm OPEN RECREATION	11am-10pm OPEN RECREATION	11am-7pm OPEN RECREATION	11am-6:30pm OPEN RECREATION	9am-10pm OPEN RECREATION	
5pm-7pm PICKLEBALL						
7pm-8pm OPEN RECREATION	7pm-9pm PICKLEBALL		7pm-9pm SPEEDBALL <small>Starts March 13</small>	6:30pm-8:30pm 5v5 full court		
	9pm-10pm OPEN RECREATION		9:00pm-10pm OPEN RECREATION	8:30pm-10pm OPEN RECREATION		

GYM B: CLOSEST TO THE LOCKER ROOMS

SUN	MON	TUES	WED	THURS	FRI	SAT
6am-8am OPEN RECREATION	6am-11am PICKLEBALL	5am-3:30pm OPEN RECREATION	6am-11am PICKLEBALL	5am-3:30pm OPEN RECREATION	5am-10pm OPEN RECREATION	6am-10:15am OPEN RECREATION
8am-12:15pm SUPERVISED GYM						
12:15pm-5pm OPEN RECREATION	11am-5pm OPEN RECREATION		11am-7pm OPEN RECREATION			10:15am-11:15am FAMILY BASKETBALL <small>(OPEN RECREATION for younger families with younger children)</small>
5pm-8pm PICKLEBALL	5pm-9pm PICKLEBALL	3:30pm-8pm SUPERVISED GYM		3:30pm-6:30pm SUPERVISED GYM		11:15am-8pm OPEN RECREATION
	9pm-10pm OPEN RECREATION	8:00pm-10pm OPEN RECREATION	7pm-9pm SPEEDBALL <small>Starts March 13</small>	6:30pm-8:30pm 5v5 full court		
			9:00pm-10pm OPEN RECREATION	8:30pm-10pm OPEN RECREATION		